

# Final Episode Report

Hout Bay Medical Centre  
30 Victoria Ave  
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**Report to:**  
**DALING JAN-MARTEN**

**Referred by:** DR J C H LAPORTA

**Requisition No:** 664555913

**Collection Date:** 2025-05-07 12:42

**Received Date:** 2025-05-07 12:44

**Generated On:** 2025-05-09 08:35

**Patient:**

**MR JAN-MARTEN DALING**

**Patient ID No:** 8305145088089

**Age:Sex:DoB:** 41y: M: 1983-05-14

**Contact No:** 0825578133

**Patient Email:** JMDALING@GMAIL.COM

**Guarantor:**

**MR J DALING**

**Med Aid:** DISCOVERY

**Member No:** 255751841

**Contact No:** 0825578133

**Tests requested:** IRON PROFILE + FERRITIN; VITAMIN D3 (25 OH)

**Referral ICD10** C32.8  
**code(s):**

## Ch BIOCHEMISTRY

0507:BA05062U

Final

Test Name	Result	Flag	Reference Range
<b>SAMPLE APPEARANCE</b>			
LIPAEMIC	ABSENT		
ICTERUS	ABSENT		
HAEMOLYSIS	ABSENT		
S-IRON	4.4	#*L	12 - 31 umol/L
*** Delta : 2.8 - Apr 16 2025 1:03PM Please note: IV iron administration interferes with the method and testing should be postponed for at least 3 weeks after treatment.			
S-TRANSFERRIN	1.49	L	1.74 - 3.64 g/L
TRANSFERRIN SATURATION	12	# L	20-55 %
*** Delta : 8 - Apr 16 2025 1:03PM			
FERRITIN (ABBOTT)	4837	#*H	ug/L
*** Delta : 2265 - Apr 16 2025 1:03PM Upper limit for ferritin is 275 ug/L. Causes of raised ferritin include: Acute and chronic inflammatory disorders Obesity, insulin resistance, metabolic syndrome Excessive alcohol consumption Liver disease Excessive iron therapy Malignancy Iron overload: Hemochromatosis, repeated blood transfusions			

## En ENDOCRINOLOGY

0507:EA02554U

Final

Test Name	Result	Flag	Reference Range
VITAMIN D (25 OH) (ABBOTT)	68		ng/mL
Interpretation of 25-OH vit D level [ng/ml]: Deficiency: < 12 Partial deficiency: 12 - 19 Optimal level: > 20 Toxicity: > 100 Ref: Munn et al. JCEM.2016;101(2):394			

The interpretation of laboratory test results requires the clinical evaluation to be known and contextualised. Please contact your medical practitioner for any questions related to these results. Your doctor would know whether further consultation with one of our specialist pathologists is necessary.

L=Low   \*L=Critically Low   H=High   \*H=Critically High   #=Delta Checked